

Thursday Kosher Lunch Menu

In Person Dining

October 2026

Please register one week in advance, at minnesotajcc.org

- October 1: Matzo Ball Soup, Braised Brisket
Mashed Sweet Potatoes, Mixed Vegetables, Challah Knot
Dessert: Rugelach
Vegetarian Option: Vegetarian Burger
- October 8: **Speaker, Elinor Maman, Shlichah (Israel Emissary)**
Tossed Salad, Meat sauce Spaghetti
Steamed Green Beans, Garlic knot
Dessert: Lemon Cake
Vegetarian Option: Vegetarian Spaghetti & Meatballs
- October 15: **Join us for BINGO following Kosher Lunch**
Chicken Vegetable Soup, Israeli Chicken
Herbed Couscous, Baby carrots, Dinner Roll
Dessert: Apple Pie
Vegetarian Option: Vegetarian Cabbage Roll
- October 22: Wild Rice Soup, Seasoned Baked Cod
Rice Pilaf, Peas and Carrots, Dinner Roll
Dessert: Oatmeal Raisin Cookie
Vegetarian Option: Vegetarian Stuffed Pepper
- October 29: Chicken Noodle Soup, Apricot Chicken
Roasted Potatoes, Mixed Vegetables, Challah Knot
Dessert: Chocolate Cake
Vegetarian Option: Vegetarian Chicken Patty

Questions? Contact Irit at iritv@minnesotajcc.org

Kosher Lunch TO GO Menu

October 2026

Please register at least 3 days in advance, at minnesotajcc.org

Tuesday

October 6

Pasta with Alfredo Sauce, Egg Salad Cup
Green Beans, Fruit, Cookie

October 13

Pasta Bake, Cheese Stick
Peas, Fruit, Cookie

October 20

**LUNCH & LEARN: Making Sense of Legacy and
Finding Comfort in What Remains**

KOSHER boxed lunches provided by Sholom:
Chicken Salad and Salmon Salad Sandwiches.
Veggie option available if requested in advance.

October 27

Pesto Pasta, Stewed Chickpeas
Carrots, Apples, Cookie

Friday

October 2

Homemade Cheese Pizza, Veggie Sausage
Green Beans, Fruit, Challah Roll, Cookie

October 9

Homemade Cheese Pizza, Veggie Sausage
Carrots, Fruit, Cookie

October 16

NO LUNCH

October 23

Homemade Cheese Pizza, Veggie Sausage
Peas, Fruit, Challah Roll, Cookie

October 30

NO LUNCH

Tuesday and Friday meals are Kosher Vegetarian, unless otherwise noted.

Questions? Contact Irit at iritv@minnesotajcc.org

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(as part of the Older Americans Act), and participant contributions.*