

Kosher Lunch Menu

Wednesdays at Capp Center

October 2026

Please register one week in advance, at minnesotajcc.org

Wed, Oct. 14: Chicken Noodle Soup, Sliced Roast Beef w/Gravy
Potatoes, Green Beans, Dinner Roll
Dessert: Apple Pie
Vegetarian Option: Vegetarian Burger
Join us for Bingo! following Kosher Lunch

Wed, Oct. 21: **LUNCH & LEARN: Making Sense of Legacy and
Finding Comfort in What Remains**
Chicken Matzo Ball Soup, Herb Chicken
Rice Pilaf, Mixed Vegetables, Challah Knot
Dessert: Chocolate Mocha Cake
Vegetarian Option: Vegetarian Chicken Patty

Wed, Oct. 28: Tossed Salad, Potato Chive Crusted Cod
Herbed Couscous, Baby Carrot, Dinner Roll
Dessert: Lemon Pound Cake
Vegetarian Option: Vegetarian Cabbage Roll
**Join us for What's New to Medicare?
Workshop following Kosher Lunch**

Questions? Contact Irit at iritv@minnesotajcc.org