	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Aquatics REC POOL	5:30 AM – 8 AM <b>OPEN SWIM</b>	5:30 - 6 AM OPEN SWIM  6 - 6:45 AM AQUA AEROBICS Christina	5:30 –10 AM <b>OPEN SWIM</b>	5:30 – 8 AM <b>OPEN SWIM</b>		7:15–8:30 AM <b>OPEN SWIM</b>	7:15 – 10 AM <b>OPEN SWIM</b>	
St. Paul	8 am – 10 AM FAMILY SWIM Slide available	6:45 – 9 AM OPEN SWIM  9am- 10:30 am  FAMILY SWIM  Slide available	10 AM – 12PM Shalom ALEF & BET ECC LESSONS Splash Pad and rec pool not available	5:30 AM – 3PM OPEN SWIM FAMILY SWIM Slide available	8:30 -11 AM  CAPP SWIM LESSONS  1 lane available  Sep 2 -Oct 25			
	10 AM – 12 PM RUACH ALEF & BET ECC LESSONS Splash pad and rec pool not available	FREE SWIM ECC RUACH ALEF & BET 10:30-11:30 am Splash pad and rec pool not available  11:30 am – 2PM OPEN SWIM		FREE SWIM ECC Shalom ALEF & BET 10:30-11:30 am Splash pad and rec pool not available	3 - 4 PM  CLUB J  Splash pad and	11 AM – 12 PM <b>OPEN SWIM</b>	10 AM – 2:30 PM FAMILY SWIM Slide available	
	12 – 6pm <b>OPEN SWIM</b>	2 – 2:45PM AQUA FOR ARTHRITIS/ TAI CHI ANN 3-4 pm	12 – 3 PM FAMILY SWIM Slide available	12 PM – 4:30 PM <b>OPEN SWIM</b>	rec pool not available	12 – 3 PM FAMILY SWIM Slide available	2:30 – 5 PM  CAPP SWIM LESSONS	
		CLUB J Splash pad and rec pool not available			4 – 5:30 pm FAMILY SWIM	3 – 5:30 PM <b>OPEN SWIM</b>	Sep 2 -Oct 26  5 - 5:30 PM	
Minneso Capp Center	6 – 8 PM FAMILY SWIM Slide available  8 – 9:30 PM OPEN SWIM	<b>OPEN SWIM</b> 4:00PM – 9:30 PM <b>OPEN SWIM</b>	3pm – 9:30 PM <b>OPEN SWIM</b>	4:30 – 7:30 PM  CAPP SWIM  LESSONS  Sep 2 -Oct 23  Rec pool not available  7:30 – 9:30 PM  OPEN SWIM	Fi Saturda <b>JCC</b>	POOL OPEN: Monday – Thursday • 5:30 Friday • 5:30 AM – 5:30 I Saturday & Sunday • 7:00 AM – JCC CAPP POOL # 651-255-patriciat@minnesotajco		

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Aquatics	5:30 – 10 AM OPEN LANE SWIM 4 lanes available	5:30 – 6:15 AM  OPEN LANE SWIM  4 lanes available  6:15 – 7:15 AM  MASTERS SWIM  Reservations  required  No lanes available  7:15 AM – 8:00 am  COSMIN  Swim Lab  2 Lanes available	5:30 – 10 AM  OPEN LANE SWIM  4 lanes available  AQUA ZUMBA  Giovanna  10:00 am – 11:00 am  No Lanes Available	5:30 – 6:15 AM  OPEN LANE SWIM  4 lanes available  6:15 – 7:15 AM	5:30 – 10 AM <b>OPEN LANE SWIM</b> <i>4 lanes available</i>	7:15 – 8:15 AM  MASTERS SWIM  Reservation Required  No lanes available	7:15 – 8:15 AM  MASTERS SWIM  Reservation Required  No lanes available
LAP POOL				MASTERS SWIM  Reservation  Required  No lanes available		8:30 AM –11 AM  CAPP SWIM  LESSONS 2 lanes available  Sep 08 –Oct 25	8:15 – 10 AM  OPEN LANE SWIM  4 lanes available
Minnesota JCC Capp Center St. Paul	10 – 11 AM WATER AEROBICS Jordan H No lanes available			7:15 AM – 8:00 am COSMIN <mark>Swim Lab</mark> 2 Lanes available	10 – 11 AM WATER AEROBICS Mike No lanes available		AQUA ZUMBA Giovanna 10-11 am No Lanes Available
	11 AM -4:45 PM OPEN LANE SWIM 4 lanes available	8:00 AM - 9:30 PM OPEN LANE SWIM 4 lanes available	11 AM – 2:00PM  OPEN LANE SWIM  4 lanes available		11 AM – 5:30 PM <b>OPEN LANE SWIM</b> <b>4 lanes available</b>	11 AM – 5:30 PM OPEN LANE SWIM 4 lanes available	11 AM – 2:30 PM OPEN LANE SWIM 4 lanes available
	AQUA ZUMBA JAMES M 4:45 PM – 5:30 PM No Lanes Available		2 PM – 3 PM 2 Lanes Available DANIEL SWIM LAB	8 AM – 5 PM  OPEN LANE SWIM  4 lanes available			2:30 PM – 5 PM  CAPP SWIM  LESSONS  1 lane available
			3-4:30 PM SWIM LESSONS W/DANIEL  3 LANES available				Sep 08 –Oct 26
				4:30 – 7:30 PM  CAPP SWIM  LESSONS  1 lane available  Sep 08 –Oct 23		POOL HOURS	5 – 5:30 PM <b>OPEN LANE SWIM</b> <i>4 lanes available</i>
	5:30-6:30 PM STINGRAYS SWIMTEAM Sep 8 -Nov 19		5:30-6:30 PM STINGRAYS SWIMTEAM Sep 08 -Nov 19		Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:00 AM – 5:30 PM  JCC CAPP POOL # 651-255-4762 patriciat@minnesotajcc.org LIFEGUARD CLASS OCTOBER 16th, 17th & 18th limited Lanes		
	6:30 – 7:30 PM  MASTERS SWIM  Reservation Required  No lanes available		6:30 – 7:30 PM  MASTERS SWIM  Reservation Required  No lanes available	7 - 8 PM WATER AEROBICS Christina No lanes available			
	7:30 – 9:30 PM		7:30 – 9:30 PM				