

SUMMER 2025

indoor pool schedule

AUGUST 22 - SEPTEMBER 1

MONDAY					
TIME					
6:30 - 7:15am	Lap				Rec Swim/ Open
7:15 - 8:15am	Masters Swim				Rec Swim/ Open
8:15 - 4:00pm	Lap				Rec Swim/ Open
4:00 - 7:00pm	Lap				Rec Swim/ Open
7:00 - 8:30pm	Lap				Rec Swim/ Open

TUESDAY					
TIME					
6:30 - 9:15am	Lap				Rec Swim/ Open
9:15 - 4:00pm	Lap				Rec Swim/ Open
4:00 - 7:00pm	Lap				Rec Swim/ Open
7:00 - 8:30pm	Lap				Rec Swim/ Open

WEDNESDAY					
TIME					
6:30 - 9:45am	Lap				Rec Swim/ Open
9:45 - 10:45am	Masters Swim				Rec Swim/ Open
10:45 - 11:45am	Lap				Rec Swim/ Open
11:45 - 4:00pm	Lap				Rec Swim/ Open
4:00 - 7:00pm	Lap				Rec Swim/ Open
7:00 - 8:30pm	Lap				Rec Swim/ Open

Note: Wading pool reserved 10-12 PM in the case of inclement weather.

THURSDAY					
TIME					
6:30 - 9:15am	Lap				Rec Swim/ Open
9:15 - 4:00pm	Lap				Rec Swim/ Open
4:00 - 7:00pm	Lap				Rec Swim/ Open
7:00 - 8:30pm	Lap				Rec Swim/ Open

FRIDAY					
TIME					
6:30 - 12:00pm	Lap				Rec Swim/ Open
12:00 - 12:45pm	Hydro				Rec Swim/ Open
12:45 - 5:30pm	Lap				Rec Swim/ Open

***Note:** Indoor wading pool is RESERVED from 9:30am-12pm

***Note:** Lifeguarding Course will be using two (2) lanes from 4 - 6 PM.

SATURDAY					
TIME					
8:30 - 9:30am	Lap*				Rec Swim/ Open
9:30 - 12:45pm	Lap				Rec Swim/ Open
12:00 - 5:30pm	Lap				Rec Swim/ Open

***Note:** Water Ex will be moved indoors in the case of inclement weather.

***Note:** Lifeguarding Course will be using two (2) lanes from 8 - 6 PM.

SUNDAY					
TIME					
8:30 - 9:30am	Masters Swim	Lap			Rec Swim/ Open
9:30 - 12:45pm	Lap				Rec Swim/ Open
12:00 - 5:30pm	Lap				Rec Swim/ Open

***Note:** Lifeguarding Course will be using two (2) lanes from 8 - 6 PM.

Indoor Pool Hours

Monday - Thursday:

6:15am-8:30pm

Friday:

6:15am-5:30pm

Saturday:

8:15am-5:30pm

Sunday:

8:15am-5:30pm

Please Note:

All outdoor pool programs will move inside in the case of inclement weather.

NO LESSONS August 22 - September 1

Questions?

Contact Jessica Barlow at jessicab@minnesotajcc.org



Minnesota JCC
Sabes Center Minneapolis

Please use this as a general guide.

This schedule is subject to change at any time with no or limited notice.

minnesotajcc.org

SUMMER 2025

outdoor pool schedule

AUGUST 11 - SEPTEMBER 1

MONDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 7:00pm	Rec Swim/Open				

TUESDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 7:00pm	Rec Swim/Open				

WEDNESDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED				
12:00 - 7:00pm	Rec Swim/Open				

THURSDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 7:00pm	Rec Swim/Open				

FRIDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 5:30pm	Rec Swim/Open				

SATURDAY					
TIME					
8:30 - 9:30am	Water Exercise				
9:30 - 10:45am	Adult Lap Swim				
11:00 - 5:30pm	Rec Swim/Open				

SUNDAY					
TIME					
9:30 - 10:45am	Adult Lap Swim				
11:00 - 5:30pm	Rec Swim/Open				

NOTE:

The outdoor pool deck is CLOSED outside of rec swim hours.

Questions?

Contact Jessica Barlow at jessicab@minnesotajcc.org

Wading Pool Hours (Aug 11 - Sept. 1)

Monday-Thursday:

12:00pm-7:00pm

Friday:

12:00pm-5:30pm

Saturday:

11:00am-5:30pm

Sunday:

11:00am-5:30pm

Outdoor Pool Hours (Aug 11 - Sept. 1)

Monday-Thursday:

7:00am-7:00pm

Friday:

7:00am-5:30pm

Saturday:

8:30am-5:30pm

Sunday:

9:30am-5:30pm