

JUNE 1-15, 2025

indoor pool schedule

MONDAY					
TIME					
6:15 - 8:20am	Lap				Rec Swim Open
8:30 - 10:30am	Lap	Water Ex			
10:30 - 12:00pm	Lap				Rec Swim Open
12:00 - 2:30pm	Lap				Rec Swim Open
2:30 - 3:55pm	Lap				Rec Swim Open
4:00 - 7:00pm	Swim Lessons	Lap			Rec Swim Open
7:00 - 8:00pm	Lap				Rec Swim Open
8:00 - 8:30pm	Lap				Rec Swim Open

TUESDAY					
TIME					
6:15 - 8:20am	Lap				Rec Swim Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 11:00am	Masters Swim				Rec Swim Open
11:00 - 4:00pm	Lap				Rec Swim Open
4:00 - 7:00pm	Swim Lessons	Lap			Rec Swim Open
7:00 - 8:00pm	Special Olympics			Lap	Rec Swim Open
8:00 - 8:30pm	Lap				Rec Swim Open

WEDNESDAY					
TIME					
6:15 - 8:20am	Lap				Rec Swim Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 9:50pm	Lap				Rec Swim Open
9:50 - 11:50am	Swim Lessons		Lap		Rec Swim Open
11:50 - 2:30pm	Lap				Rec Swim Open
2:30 - 3:55pm	Lap				Rec Swim Open
4:00 - 7:00pm	Swim Lessons		Lap		Rec Swim Open
7:00 - 8:00pm	Lap				Rec Swim Open
8:00 - 8:30pm	Lap				Rec Swim Open

THURSDAY					
TIME					
6:15 - 8:20am	Lap				Rec Swim Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 11:00am	Masters Swim				Rec Swim Open
11:00 - 4:00pm	Lap				Rec Swim Open
4:00 - 7:00pm	Swim Lessons	Lap			Rec Swim Open
7:00 - 8:30pm	Lap				Rec Swim Open

Wading Pool RESERVED 10am-11:40am

FRIDAY					
TIME					
6:15 - 8:20am	Lap				Rec Swim Open
8:30 - 9:30am	Lap	Water Ex			
9:30 - 1:00pm	Lap				Rec Swim Open
1:00 - 2:45pm	Swim Lessons		Lap		Rec Swim Open
2:45 - 3:30pm	Lap				Rec Swim Open
3:30 - 5:30pm	Lap				Rec Swim Open

SATURDAY					
TIME					
8:15 - 9:30am	Lap	Water Ex			
9:30 - 12:00pm	Swim Lessons	Lap		Rec Swim Open	
12:00 - 2:00pm	Lap	Open Family Swim			
2:00 - 5:30pm	Lap			Rec Swim Open	

SUNDAY					
TIME					
8:15 - 9:30am	Masters Swim			Lap	Rec Swim Open
9:30 - 12:00pm	Swim Lessons			Lap	Rec Swim Open
12:00 - 2:00pm	Lap		Open Family Swim		
2:00 - 5:30pm	Lap				Rec Swim Open

Indoor Pool Hours

Monday - Thursday:

6:15am-8:30pm

Friday:

6:15am-5:30pm

Saturday:

8:15am-5:30pm

Sunday:

8:15am-5:30pm

Questions?

Contact Jessica Barlow at jessicab@minnesotajcc.org

SUMMER 2025

outdoor pool schedule **JUNE 9 - AUGUST 29**

MONDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED*				
12:00 - 7:00pm	Rec Swim/Open				

TUESDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED*				
12:00 - 7:00pm	Rec Swim/Open				

***Note:** Wading pool reserved from 12pm-1pm

WEDNESDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED*				
12:00 - 7:00pm	Rec Swim/Open				

THURSDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED*				
12:00 - 7:00pm	Rec Swim/Open				

***Note:** Wading pool reserved from 12pm-1pm

FRIDAY					
TIME					
7:00 - 8:15am	Adult Lap Swim				
8:30 - 9:30am	Water Exercise				
9:30 - 12:00pm	CLOSED*				
12:00 - 5:30pm	Rec Swim/Open				

SATURDAY					
TIME					
8:30 - 9:30am	Water Exercise				
9:30 - 10:45am	Adult Lap Swim				
11:00 - 5:30pm	Rec Swim/Open				

SUNDAY					
TIME					
9:30 - 10:45am	Adult Lap Swim				
11:00 - 5:30pm	Rec Swim/Open				

NOTE:

The outdoor pool deck is CLOSED outside of rec swim hours.

Questions?

Contact Jessica Barlow at jessicab@minnesotajcc.org

Wading Pool Hours (June 9 - August 29)

Monday-Thursday:

12:00pm-7:00pm

Friday:

12:00pm-5:30pm

Saturday:

11:00am-5:30pm

Sunday:

11:00am-5:30pm

Outdoor Pool Hours (June 9 - August 29)

Monday-Thursday:

7:00am-7:00pm*

Friday:

7:00am-5:30pm*

Saturday:

8:30am-5:30pm

Sunday:

9:30am-5:30pm

***Closed 9:30am-12pm**
(Beginning June 16)

indoor pool guidelines & etiquette

- Sharing lanes at the pool is required.
 - With two people in the lane, stick to one side and stay on that side.
 - With three people in a lane, circle swim by always swimming on your right.
- Follow directions from aquatics staff regarding sharing lanes. Staff may also give directions about which lanes are available.
- Keep in mind that people may not be looking ahead while swimming. Do not swim in front of people and do not assume that someone will stop ahead of you.
- Do not enter a lane without alerting the other people in the lane.
- Respect the personal space of other pool users. Do not swim under other people.
- The starting block platforms in the deep end are for swim team use only.
- When there is a program in session, the designated program space is for that program only.
- The pool schedule will be updated monthly, and notices may be posted about schedule changes. We will make the best effort to inform you of schedule changes, and also reserve the right to change the schedule at any time with or without notice.

