

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Aquatics		5:30 AM – 8 AM OPEN SWIM	5:30 - 6 AM OPEN SWIM	5:30 –8 AM OPEN SWIM	5:30 – 8 AM OPEN SWIM	5:30 AM – 2 PM OPEN SWIM	7:15–8:30 AM OPEN SWIM	7:15 – 10 AM OPEN SWIM		
REC POOL			6 – 6:45 AM AQUA AEROBICS Christina							
<div>Minnesota JCC</div> <div>Capp Center St. Paul</div>		8-10 AM SPLASH COURSE	6:45 – 8 AM OPEN SWIM	8-10 AM SPLASH COURSE	8-10 AM SPLASH COURSE			8:30 -11 AM SWIM LESSONS <i>Rec pool not available</i>	10 AM – 2:30 PM FAMILY SWIM <i>Slide available</i>	
			8-10 AM SPLASH COURSE				10 AM – 11 AM FAMILY SWIM <i>Slide available</i>			
		10 - 11AM FAMILY SWIM Slide available	10 – 11 AM FAMILY SWIM Slide available							
		11 AM – 12 PM ECC LESSONS <i>Splash pad and rec pool not available</i>	11 AM –12 PM ECC Lessons <i>Splash Pad and rec pool not available</i>	10AM – 12PM ECC Lessons <i>Splash Pad and rec pool not available</i>	11 AM – 12 PM ECC Lessons <i>Splash pad and rec pool not available</i>			11 AM – 12 PM OPEN SWIM		
			12PM – 1:15 PM OPEN SWIM							
		12 – 2 PM OPEN SWIM	1:15 – 2 PM AQUA FOR ARTHRITIS Bob	12 – 3 PM FAMILY SWIM Slide available	12 PM – 4:30 PM OPEN SWIM			12 – 3 PM FAMILY SWIM <i>Slide available</i>	2:30 – 5 PM SWIM LESSONS <i>Rec pool not available</i>	
			2 – 3 PM OPEN SWIM							
		2-3PM ECC CAMP Shemesh <i>Splash Pad and Rec Pool not available</i>	3 – 4 PM ECC FREE SWIM <i>Splash pad and rec pool not available</i>	3 – 4:30 PM OPEN SWIM				2 – 3 PM ECC CAMP Shemesh <i>Rec pool and splash pad not available</i>	3 – 5:30 PM OPEN SWIM	5 – 5:30 PM OPEN SWIM
	3 - 6PM OPEN SWIM	4 – 4:30 PM OPEN SWIM				4 – 5:30 pm FAMILY SWIM				
	6 – 8 PM FAMILY SWIM <i>Slide available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	POOL HOURS SPLASH COURSE RUNS 16-26th Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:00 AM – 5:30 PM					
	8 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM						

Questions? Contact patricia@minnesotajcc.org

Aquatics

LAP POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 10 AM OPEN LANE SWIM 4 lanes available	5:30 – 6:15 AM OPEN LANE SWIM 4 lanes available	5:30 – 10 AM OPEN LANE SWIM 4 lanes available	5:30 – 6:15 AM OPEN LANE SWIM 4 lanes available	5:30 – 10 AM OPEN LANE SWIM 4 lanes available	7:15 – 8:15 AM MASTERS SWIM Reservation Required No lanes available	7:15 – 8:15 AM MASTERS SWIM Reservation Required No lanes available
	6:15 – 7:15 AM MASTERS SWIM Reservations required No lanes available		6:15 – 7:15 AM MASTERS SWIM Reservation Required No lanes available		8:30 AM –11 AM SWIM LESSONS	8:15 – 10 AM OPEN LANE SWIM 4 lanes available
	10 – 11 AM WATER AEROBICS Sub Instructors No lanes available		7:15 AM – 8:00 am Swim Lab 2 Lanes available			10 – 11 AM AQUA ZUMBA Giovanna No lanes available
11 AM – 3:00PM OPEN LANE SWIM 4 lanes available		7:15 AM – 8:00 am Swim Lab 2 Lanes available		11 AM – 5:30 PM OPEN LANE SWIM 4 lanes available	11 AM – 5:30 PM OPEN LANE SWIM 4 lanes available	11 AM – 2:30 PM OPEN LANE SWIM 4 lanes available
2 PM – 3 PM 2 Lanes Available SWIM LAB						7:15 AM – 5 PM OPEN LANE SWIM 4 lanes available
3-4:30 PM OPEN LANE SWIM			4:30 – 7 PM SWIM LESSONS Up to 2 lanes available			
4:30 – 7:30 PM SWIM LESSONS Up to 2 lanes available	4:30 –5:30 PM SWIM LESSONS Up to 2 lanes available	5 – 5:30 PM OPEN LANE SWIM 4 lanes available				
	5:30 PM – 6:30 PM No Lanes Available			5:30 PM – 6:30 PM No Lanes Available	POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:00 AM – 5:30 PM	
			6:30 – 7:30 PM MASTERS SWIM Reservation Required No lanes available			
7:30 – 9:30 PM OPEN LANE SWIM 4 lanes available	7:30 – 9:30 PM OPEN LANE SWIM 4 lanes available	8 – 9:30 PM OPEN LANE SWIM 4 lanes available				