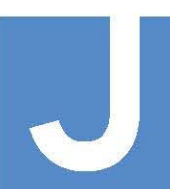


Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 11 AM OPEN SWIM		5:30 - 6 AM OPEN SWIM	5:30 –11 AM OPEN SWIM	5:30 – 9 AM OPEN SWIM	5:30 AM – 3 PM OPEN SWIM	7:15–8:30 AM OPEN SWIM	7:15 – 11 AM OPEN SWIM
		6 – 6:45 AM AQUA AEROBICS Christina				9 AM – 11 AM FAMILY SWIM Slide available	
		6:45 – 9 AM OPEN SWIM					
		9 – 11 AM FAMILY SWIM Slide available					
11 AM - 12 PM ECC LESSONS <i>Splash pad and rec pool not available</i>		11 – 11:30 AM ECC Lessons <i>Splash Pad and rec pool not available</i>	11 AM – 12 PM ECC LESSONS <i>Splash pad and rec pool not available</i>	11 AM – 3 PM OPEN SWIM		11 AM – 12 PM OPEN SWIM	11 AM – 2:30 PM FAMILY SWIM Slide available
		11:30 AM – 1:15 PM OPEN SWIM					
12 – 6 PM OPEN SWIM		1:15 – 2 PM AQUA FOR ARTHRITIS Bob	12 – 3 PM FAMILY SWIM Slide available	3 – 4 PM ECC FREE SWIM <i>Splash pad and rec pool not available</i>	3 – 4 PM CLUB J <i>Rec pool and splash pad not available</i>	12 – 3 PM FAMILY SWIM Slide available	2:30 – 5 PM SWIM LESSONS <i>Rec pool not available</i>
		2 – 3 PM OPEN SWIM					
		3 – 4 PM CLUB J <i>Splash pad and rec pool not available</i>	4 – 4:30 pm OPEN SWIM				
		4 – 4:30 PM OPEN SWIM					
6 – 8 PM FAMILY SWIM Slide available	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:00 AM – 5:30 PM			
8 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7 – 9:30 PM OPEN SWIM				

Aquatics

LAP POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 10 AM OPEN LANE SWIM <i>4 lanes available</i>	5:30 – 6:15 AM OPEN LANE SWIM <i>4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>4 lanes available</i>	5:30 – 6:15 AM OPEN LANE SWIM <i>4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>4 lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>
	6:15 – 7:15 AM MASTERS SWIM <i>Reservations required</i> <i>No lanes available</i>		6:15 – 7:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>		8:30 AM – 11 AM SWIM LESSONS <i>Up to 2 lanes available</i>	8:15 – 10 AM OPEN LANE SWIM <i>4 lanes available</i>
10 – 11 AM WATER AEROBICS Subs until further notice <i>No lanes available</i>	7:15 AM – 5 PM OPEN LANE SWIM <i>4 lanes available</i>	10 – 11 AM AQUA ZUMBA Giovanna <i>No lanes available</i>	7:15 AM – 5 PM OPEN LANE SWIM <i>4 lanes available</i>	10 – 11 AM WATER AEROBICS Mike <i>No lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>4 lanes available</i>	10 – 11 AM AQUA ZUMBA Giovanna <i>No lanes available</i>
11 AM – 3:30 PM OPEN LANE SWIM <i>4 lanes available</i>		11 AM – 4:30 PM OPEN LANE SWIM <i>4 lanes available</i>		11 AM – 3 PM OPEN LANE SWIM <i>4 lanes available</i>		
3:30 – 4:45 PM PRIVATE LESSON <i>3 lanes available</i>		4 – 5 PM SWIM LESSONS <i>Up to 2 lanes available</i>				
4:45 – 5:30 PM AQUA ZUMBA Eli <i>No lanes available</i>	5 – 7:30 PM SWIM LESSONS <i>Up to 2 lanes available</i>	4:30 – 5:30 PM SWIM LESSONS <i>Up to 1 lane available</i>	5 – 7 PM SWIM LESSONS <i>Up to 3 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>4 lanes available</i>	5 – 5:30 PM OPEN LANE SWIM <i>4 lanes available</i>
5:30 – 6:30 PM SWIM TEAM <i>No lanes available</i>		5:30 – 6:30 PM SWIM TEAM <i>No lanes available</i>				
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	7:30 – 9:30 PM OPEN LANE SWIM <i>4 lanes available</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	7 – 8 PM WATER AEROBICS Christina <i>No lanes available</i>	<p align="center">POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:15 AM – 5:30 PM</p> <p align="center">Stingrays Swim Team begins Wednesday, January 15th and ends Monday, March 17th.</p> <p align="center">February 14th, 15th and 16th there will be limited lanes available in the lap pool due to a lifeguarding certification class.</p>		
7:30 – 9:30 PM OPEN LANE SWIM <i>4 lanes available</i>		7:30 – 9:30 PM OPEN LANE SWIM <i>4 lanes available</i>	8 – 9:30 PM OPEN LANE SWIM <i>4 lanes available</i>			