

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 11 AM OPEN SWIM	5:30 - 6 AM OPEN SWIM	5:30 – 11 AM OPEN SWIM	5:30 AM – 3:00 PM OPEN SWIM	5:30 AM – 3 PM OPEN SWIM	7:15–8:30 AM OPEN SWIM	7:15 – 11 AM OPEN SWIM
11 AM - 12 PM ECC LESSONS <i>Splash pad and rec pool not available</i>	6 – 6:45 AM AQUA AEROBICS Christina	11 AM – 12 PM ECC LESSONS <i>Splash pad and rec pool not available</i>	3 – 4 PM ECC FREE SWIM <i>Splash pad and rec pool not available</i>	3 – 4 PM CLUB J <i>Rec pool and splash pad are not available</i>	8:30 - 11 AM SWIM LESSONS <i>Rec pool not available</i> No lessons 11/30	11 AM – 2:30 PM FAMILY SWIM <i>Slide available</i>
12 – 6 PM OPEN SWIM	6:45 – 11 AM OPEN SWIM	12 – 4:30 PM OPEN SWIM	4 – 4:30 pm OPEN SWIM	4 – 5:30 pm OPEN SWIM	11 AM – 12 PM OPEN SWIM	2:30 – 5 PM SWIM LESSONS <i>Rec pool not available</i> No lessons 12/1 Last day of swim lessons is 12/22
	11 – 11:30 AM ECC Lessons <i>Splash Pad and rec pool not available</i>					
	11:30 AM – 1:15 PM OPEN SWIM					
6 – 8 PM FAMILY SWIM <i>Slide available</i>	1:15 – 2 PM AQUA FOR ARTHRITIS Bob	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	4:30 – 7 PM SWIM LESSONS <i>Rec pool not available</i> No lessons 11/28		12 – 3 PM FAMILY SWIM <i>Slide available</i>	5 – 5:30 PM OPEN SWIM
8 – 9:30 PM OPEN SWIM	2 – 3 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	7 – 9:30 PM OPEN SWIM		3 – 5:30 PM OPEN SWIM	
	3 – 4 PM CLUB J <i>Splash pad and rec pool not available</i>					
	4 – 4:30 PM OPEN SWIM					
	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>					
	7:30 – 9:30 PM OPEN SWIM					

POOL HOURS

Monday – Thursday • 5:30 AM – 9:30 PM
Friday • 5:30 AM – 5:30 PM
Saturday & Sunday • 7:15 AM – 5:30 PM

The lap pool will be closed from 9:30 AM – 12 PM for a swim meet on November 17th.

Limited lap pool hours December 27th, 28th and 29th due to a Lifeguarding certification class.

Aquatics

LAP POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 6:15 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 6:15 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>
10 – 11 AM WATER AEROBICS Subs until further notice <i>No lanes available</i>	6:15 – 7:15 AM MASTERS SWIM <i>Reservations required</i> <i>No lanes available</i>	10 – 11 AM AQUA ZUMBA Giovanna <i>No lanes available</i>	6:15 – 7:15 AM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	10 – 11 AM WATER AEROBICS Mike <i>No lanes available</i>	8:30 AM – 11 AM SWIM LESSONS <i>Up to 2 lanes available</i> No lessons 11/30	8:15 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>
11 AM – 4:45 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:15 AM – 5 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:15 AM – 5 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	10 – 11 AM AQUA ZUMBA Giovanna <i>No lanes available</i>
4:45 – 5:30 PM WATER AEROBICS Alex <i>No lanes available</i>	5 – 7:30 PM SWIM LESSONS <i>Up to 2 lanes available</i>	5 – 5:30 PM SWIM LESSONS <i>Up to 1 lane available</i>	5 – 7 PM SWIM LESSONS <i>Up to 3 lanes available</i> No lessons 11/28			11 AM – 3 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>
5:30 – 6:30 PM SWIM TEAM <i>No lanes available</i> Last day of swim team is 11/25	7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 6:30 PM SWIM TEAM <i>No lanes available</i>	7 – 8 PM WATER AEROBICS Christina <i>No lanes available</i>			3 – 5 PM SWIM LESSONS <i>Up to 2 lanes available</i> No lessons 12/1 Last day of swim lessons is 12/22
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>		6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required</i> <i>No lanes available</i>	8 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>			5 – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>
7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>		7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>				