

SUMMER II 2024

Aquatics

REC POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 11 AM OPEN SWIM	5:30 – 6 AM OPEN SWIM	5:30 – 10 AM OPEN SWIM	5:30 – 9:30 AM OPEN SWIM	5:30 AM – 11 AM OPEN SWIM	7:15 AM – 9 AM OPEN SWIM	7:15 – 11 AM OPEN SWIM
11 AM – 12 PM CENTERLAND SWIM <i>Splash pad and rec pool not available</i>	6 – 6:45 AM AQUA AEROBICS Christina	10 AM – 1 PM FAMILY SWIM <i>Slide Available</i>	9:30 – 11:30 AM ECC SWIM LESSONS <i>Splash pad and rec pool not available</i>	11 AM – 12 PM CENTERLAND SWIM <i>Splash pad and rec pool not available</i>	9 -11 AM SWIM LESSONS <i>Rec pool not available</i>	11 AM – 3:00 PM FAMILY SWIM <i>Slide available</i>
12 – 6 PM OPEN SWIM	6:45 – 11 AM OPEN SWIM	1 – 4:30 PM OPEN SWIM	11:30 AM – 12:30 PM CENTERLAND SWIM <i>Splash pad and rec pool not available</i>	12 – 3 PM OPEN SWIM	11 AM – 12 PM OPEN SWIM	3:00 – 5 PM SWIM LESSONS <i>Rec pool not available</i>
6 – 8 PM FAMILY SWIM <i>Slide available</i>	11 AM – 12 PM CENTERLAND SWIM <i>Splash pad and rec pool not available</i>	4:30 – 7:30 PM SWIM LESSONS <i>Rec pool not available</i>	12:30 – 4:30 PM OPEN SWIM	3 – 4 PM ECC OPEN SWIM <i>Rec pool and splash pad are not available</i>	12 – 3 PM FAMILY SWIM <i>Slide available</i>	5 – 5:30 PM OPEN SWIM
8 – 9:30 PM OPEN SWIM	12 – 1:15 PM OPEN SWIM	7:30 – 9:30 PM OPEN SWIM	4:30 – 7 PM SWIM LESSONS <i>Rec pool not available</i>	4 – 5:30 pm OPEN SWIM	3 – 5:30 PM OPEN SWIM	
	1:15 – 2 PM AQUA FOR ARTHRITIS Bob		7 – 9:30 PM OPEN SWIM	-		
	2 – 4:30 PM OPEN SWIM			<p>POOL HOURS Monday – Thursday • 5:30 AM – 9:30 PM Friday • 5:30 AM – 5:30 PM Saturday & Sunday • 7:15 AM – 5:30 PM</p> <p>The Aquatics Center will be closed from NOON–2:30 PM for in-services on July 14 and August 4</p> <p>There are no lessons July 4–7. These times are Open Swim.</p> <p>Lap lanes are limited during swim lessons.</p>		
	4:30 – 7:00 PM SWIM LESSONS <i>Rec pool not available</i>					
	7:00 – 9:30 PM OPEN SWIM					

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Aquatics

LAP POOL

Minnesota JCC
Capp Center St. Paul



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 6:30 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 6:30 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	5:30 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required No lanes available</i>	7:15 – 8:15 AM MASTERS SWIM <i>Reservation Required No lanes available</i>
10 – 11 AM WATER AEROBICS Lori <i>No lanes available</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservations required No lanes available</i>	10 – 11 AM AQUA ZUMBA Kevin <i>No lanes available</i>	6:30 – 7:30 AM MASTERS SWIM <i>Reservation Required No lanes available</i>	10 – 11 AM WATER AEROBICS Mike <i>No lanes available</i>	8:30 AM – 11 AM SWIM LESSONS <i>2-3 lanes available</i>	8:15 – 10 AM OPEN LANE SWIM <i>Up to 4 lanes available</i>
11 AM – 4:45 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:30 AM – 5 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7:30 AM – 5 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	11 AM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	10 – 11 AM AQUA DANCE Susan <i>No lanes available</i>
4:45 – 5:30 PM WATER AEROBICS Alex <i>No lanes available</i>	5 – 6 PM SWIM TEAM / LESSONS <i>1 lane available</i>	4:30 – 5:30 PM SWIM LESSONS <i>3 Lanes available</i>	4:30 – 5:30 PM SWIM TEAM / LESSONS <i>1-2 Lanes available</i>			11 AM – 3 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>
5:30 – 6:30 PM SWIM TEAM <i>2 lanes available</i>	6 – 7:30 PM SWIM LESSONS <i>3 lanes available</i>	5:30 – 6:30 PM SWIM TEAM / LESSONS <i>1 Lane available</i>	5:30 – 6 PM SWIM TEAM / LESSONS <i>No lanes available</i>			12:30 PM – 2 PM SWIM LESSONS <i>3 lanes available</i>
6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required No lanes available</i>	7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	6:30 – 7:30 PM MASTERS SWIM <i>Reservation Required No lanes available</i>	6 – 7 PM SWIM LESSONS <i>3 lanes available</i>			2 PM – 3 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>
7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>		7:30 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>	7 – 8 PM WATER AEROBICS Christina <i>No lanes available</i>			3 PM – 5 PM SWIM LESSONS <i>2-3 lanes available</i>
			8 – 9:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>			5 PM – 5:30 PM OPEN LANE SWIM <i>Up to 4 lanes available</i>