

# Sasha's Registration Form

Member ID # \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Birth Date (MM/DD/YY): \_\_\_\_\_ Gender: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Does your child have any allergies?  Yes  No      If you checked yes, list below

Allergy: \_\_\_\_\_

Symptoms/Management: \_\_\_\_\_

Allergy: \_\_\_\_\_

Symptoms/Management: \_\_\_\_\_

Any other needs your child has: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



# Parental/Guardian Waiver and Release for Childcare Participants

As the Parent or Legal Guardian of the minor child ("Child") identified below, I hereby authorize my Child's voluntary participation in the Minnesota JCC Child Care Program ("Sasha's") at Sabes Center Minneapolis, managed by EXOS Community Services, LLC ("EXOS"). I have been provided with, read, understand and agree to abide by the rules and regulations of Sasha's; and, have had the opportunity to inspect the Sabes Center Minneapolis's facilities and equipment to be used by my child.

In consideration of my child being permitted to participate in Sasha's, I hereby waive any and all claims I, or that my child may have, on behalf of myself, my heirs, executors, administrators, and assigns, against: EXOS, Minnesota JCC, and each of their respective subsidiaries, directors, officers, employees, agents, contractors, sponsors; and other participants and all others from all liability for personal injury, death, or losses suffered, while my child is participating in Sasha's, using any Sabes Center's facilities, and engaging in any activities incidental thereto, including traveling to or from any location of said activities as the case may be, including those which may result from ordinary negligence of the Sabes Center, EXOS, or those released hereby.

I assume full responsibility for any injuries or damages that may occur to, or by my child; in, on, or outside the facilities; and further agree that the Minnesota JCC, EXOS and each of their respective subsidiaries, affiliates, directors, employees, agents, successors and assigns shall not be liable for any loss or theft of personal property.

In the event of an emergency, I grant permission to authorize emergency medical care and treatment for the child named below, and accept financial responsibility for any costs associated with such care.

I do hereby fully and forever release and discharge the Minnesota JCC, EXOS, and each of their respective subsidiaries, affiliates, directors, employees, agents, successors, and assigns, from any and all claims, demands, damages, rights of action, or cause of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out of my child's use, or intended use of the said facilities and equipment thereof, including but not limited to any claim for ordinary negligence.

This Waiver of Liability and Release shall be binding upon my heirs, spouse or other next of kin, executor, administrators and assigns. It is my intent to give full legal validity to this agreement and affirmation and should any part thereof be deemed to be invalid, to give full legal affect to the balance thereof.

Parent/Guardian Name: \_\_\_\_\_

Child Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



# Sasha's Policies & Procedures

Below are the terms and conditions for use of Sasha's at the Minnesota JCC Sabes Center Minneapolis, located at 4330 Cedar Lake Road, St. Louis Park, MN 55416.

## HOURS OF OPERATION

Sasha's is available: Saturday-Sunday: 8 AM – NOON

## ENROLLING A NEW CHILD

All first time users must complete a Parent Packet, which contains the following forms/documents:

- a. Registration Form
- b. Waiver
- c. Sasha's Policies

## RESERVATIONS

Reservations are not required; spots will be filled on a first-come, first-served basis for up to 2 hours

## LATE CANCELLATION/NO SHOW POLICY

Due to the demand of the Sasha's, and our low ratio of staff to children, we have a Late Cancellation and No Show Policy that will be enforced. If a cancellation of your reservation needs to be done, please do it ASAP. A late cancellation is considered anything within one hour of reservation start time. A \$10 no show or a late cancellation fee will apply.

## CHECK-IN AND CHECK-OUT

Minor children may only be brought to Sasha's by their parent or legal guardian ("Parent"). Children will be allowed to leave only with the parent who brought them in. Parents are not allowed to leave the Center premises while their child/children are in Sasha's.

In the event of an unforeseen circumstance where the parent will not be able to pick up his/her child/children, such parent must inform staff prior to vacating the Sabes Center Minneapolis. In such case, written documentation of authorized substitutes must be on file at the Sabes Center Minneapolis in order for any child/children to be dropped off. In order to execute such documentation, the person who will be assuming responsibility of such child/children, acting as an authorized substitute, must sign-in and be present prior to the Parent leaving any child/children at Sasha's. The authorized substitute must present staff with a photo ID when picking up such child/children. No children may be left in Sasha's without a responsible party occupying the Sabes Center Minneapolis.

Upon arrival, the parent must sign any children in, indicating such parent's intended location within the Center (e.g. "yoga studio"). A name tag with the children's and parent's name will be placed on the children's back for quick identification and security purposes. When picking up such children, the parent must sign out and return the pager given at check-in, and present a valid photo Id.



# Sasha's Policies & Procedures (continued)

## **TIME LIMIT**

There is a two (2) hour time limit that any child/children can remain in Sasha's. Children are admitted on a reservation basis first, and if there is room, on a drop in basis. Sasha's has the sole right to deny entry based on capacity. Parents must pick any child/children up promptly to allow others to use Sasha's. If any parent is consistently late, privileges may be suspended.

## **WAIT TIME/CAPACITY**

Maximum capacity at Sasha's is 11 children. When the maximum capacity has been reached, the Parent will be placed on a waiting list for the next available space. Parent is responsible for his/her child/children until a vacancy occurs and such parent has signed in all children. Children may not sit and watch while Parent exercises and/or participates in a group exercise class or personal training session.

## **NO FOOD/DRINK**

No food or drinks are permitted in while in Sasha's. Clearly labeled sippy cups and baby bottles provided by parent are allowed. Children should be fed prior to placement in Sasha's.

## **CHANGING OF DIAPERS**

Children should be freshly changed upon arrival. In the event a child has an accident, Parent will be notified, upon pick up. Staff are permitted to change diapers, please bring own supplies. In case of an emergency, Parent will be paged to assist.

## **ILLNESS**

Sick children will not be accepted in Sasha's. If in the judgment of the staff, a child exhibits symptoms of illness (fever, cough, runny nose, skin rash, vomiting, diarrhea, red eyes with discharge), such child will not be permitted entry or parent may be asked to remove such child from Sasha's. Parent must respect the judgment of the staff at the Sabes Center Minneapolis, as they are trying to avoid exposure of other children to illness. Children may return to Sasha's once they have been symptom free for twenty-four (24) hours. Children who do not attend regular school (elementary or day care) due to possible illness will not be permitted into Sasha's that day.

Parent shall advise the staff if his/her child comes down with a contagious illness (e.g. chicken pox) so we can alert other parents. If such child has a known history of allergies, parent must advise the staff. Staff are not permitted to dispense or administer medication.

## **BEHAVIOR RULES**

While in Sasha's, it is expected that all children follow the staff's directions and respect others with proper manners. No hitting, pushing, biting, throwing objects, running or jumping off furniture will be tolerated.

Positive reinforcement to redirect behavior will be used consistently to ensure the safety and well being of all children attending Sasha's. Sasha's reserves the right to require that Parent picks up his/her child/children if there is negative reoccurring behavior.



# Sasha's Policies & Procedures (continued)

## **INCIDENTS**

An incident is any happening that is not consistent with the routine care of a child. In the case of a minor incident, an accident report will be completed and Parent will be required to sign the report.

## **ACCLIMATION**

The staffs' goal is to help all children enjoy their stay in Sasha's. If any child is inconsolable for ten (10) minutes, staff will contact his/her parent.

## **TOYS, ETC**

Sasha's provides many toys, games and puzzles for children. Toys brought from home will not be permitted. Staff reserves the right to take any toy or device away that is not permitted within the rules, including cell phones, Ipads, etc. Confiscated devices will be returned to responsible party at the time of pick-up. The Sabes Center Minneapolis and employees are not responsible for lost or stolen personal items.

## **TV**

It is our philosophy that children should be actively learning and moving and it is our responsibility to provide that environment. While we do have a TV, kids will be limited to 20 minutes in that area and will be encouraged to engage in other activities after that time.

