

MATRIX ENDURANCE TOUCH TREADMILL

FEATURES

- Touch Console
- Proven Performance
- Ultimate Deck System with industrial-grade cushioning
- Large, conveniently placed speed and incline controls
- Speed Range: 0.5 - 12 mph
- Elevation Range: 0% - 15% incline



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MATRIX ENDURANCE TOUCH ELLIPTICAL

FEATURES

- Touch Console
- Large, conveniently placed speed and incline controls
- Suspension design minimizes noise and friction
- smooth, consistent experience



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MATRIX PERFORMANCE TOUCH ASCENT TRAINER

FEATURES

- Offers full-body, low-impact intensity
- Touch Console
- Variable stride length and adjustable incline for increased range of motion and a more natural experience to target different muscle groups
- Suspension design minimizes noise and friction
- Smooth, consistent experience
- Large, conveniently placed speed and incline controls



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NUSTEP T5XR

FEATURES

- Total-body design and wide range of resistance allows for a low-impact, full-body cardio and strength workout
- Smooth-stepping motion simulates walking
- Low-inertia startup and user-controlled step length
- Adjustable resistance levels
- Easy to access and easy to use
- Low step-through, swivel seat, locking feature
- Multiple workout programs



WOODWAY CURVE

FEATURES

- A totally manual treadmill with
- unique curved running surface where you are the motor
- Burns up to 30% more calories than a traditional treadmill
- Attain full sprint in a few explosive steps
- Sport specific work-to-rest interval training
- No max speed



STAIRMASTER HIIT ROWER

FEATURES

- Hiit Console to track your workout with detailed metrics
- Built-in workout programs and ability to connect your phone via Bluetooth to save and share your workout
- Equipped with ANT+, giving you the ability to pair with heart rate trackers and connect to group displays
- Responds to your effort on every stroke, so you are in full control of your exertion and resistance at all times



MATRIX



Diverging Seated Row



Diverging Lat Pulldown



Converging Chest Press



Converging Shoulder Press



Seated Leg Extension



Leg Curl



Leg Press



Lat Pulldown/Seated Row

MATRIX



Diverging Seated Row



Diverging Lat Pulldown

MATRIX MAGNUM SMITH MACHINE

FEATURES

- 8 integrated weight-storage horns hold multiple weight-plate sizes
- Linear bearings provide a smooth motion
- Counter balanced 11.3 kg / 25 lb. bar takeoff for low starting resistance
- Features a 90-degree path of motion adapts to all exercises



MATRIX MAGNUM PRO HALF RACK 7'

FEATURES

- Includes adjustable safety arms, j-hooks, straight chin bar, and 4-post
- chromed bumper plate storage
- Open-front design gives users freedom of movement
- J-hooks made of high-density polyethylene (HDPE) to protect bar knurling from scratches



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MATRIX MAGNUM 2-TIER, 10 PAIR DUMBBELL RACK

FEATURES

- 15-degree angled tray helps prevent wrist strain when removing and replacing dumbbells
- Cradles hold dumbbells securely in place to prevent rolling pinch hazards
- 10 pairs of pro-style dumbbells up to 68 kg / 150 lbs



MATRIX MAGNUM BARBELL RACK

FEATURES

- 2-sided horizontal fixed-head barbell rack
- Holds 10 straight or E-Z Curl bars
- High-density polyethylene (HDPE) cradles help to protect bar knurling from scratches and reduces noise



MATRIX MAGNUM PREACHER CURL BENCH

FEATURES

- Designed target and activate specific muscle groups in the arms
- Angled, ratcheting seat for proper body positioning
- Durable extruded guards for frame and bar protection



MATRIX MAGNUM WEIGHT PLATE TREE

FEATURES

- 6 chromed storage horns, 2 of which accommodate 20kg / 45lb plates
- 2 vertical bar holders for Olympic or curl bar storage



MATRIX MAGNUM MULTI-ADJUSTABLE BENCH - LP

FEATURES

- Adjustable back pad with 8 positions from 0 to 75 degrees
- Low 46 cm / 17.8" floor-to-pad height minimizes lower back stress and
- prevents arcing
- Seat automatically adjusts with the back pad for ease of use
- Wide back pad stabilizes users during heavy lifts



MATRIX ACCESSORY BENCHES



Adjustable Decline



Preacher Curl



Adjustable Decline

MATRIX MAGNUM GLUTE HAM BENCH

FEATURES

- Hooks to attach bands for reverse hyperextensions
- Handles to perform reverse hyperextensions
- Leg pads' vertical adjustment is gas-assisted for ease of adjustment
- Leg pads and oversized footplate can be adjusted while in exercise position
- Step-through design



MATRIX VERSA FUNCTIONAL TRAINER

FEATURES

- One-handed pulley adjustment offers easy operation
- 1:2 pulley ratio provides smooth operation
- Enhanced placards highlight targeted muscle groups and proper user positioning for a wide range of exercises
- Multi-position pull-up handles for greater exercise variety



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